

Reading Style Inventory[®] (Adult)

Instructions: Choose the description which is most like you. Circle A) and B).

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|---|--|
| 1. A) It's easy for me to sound out new words. | 1. B) It's hard for me to sound out new words. |
| 2. A) When I look at words, I often mix up letters like "b" and "d." | 2. B) When I look at words, I almost never mix up letters like "b" and "d." |
| 3. A) If I'm not sure how to spell a word, it helps me when I write it a few times. | 3. B) If I'm not sure how to spell a word, it doesn't help me when I write it a few times. |
| 4. A) If I stop to sound out new words, I often forget what I'm reading. | 4. B) If I stop to sound out new words I don't forget what I'm reading. |
| 5. A) If I see a phone number, it's easy for me to remember it. | 5. B) If I see a phone number, it's hard for me to remember it. |
| 6. A) When I write words, sometimes I mix up the letters. | 6. B) When I write words, I almost never mix up the letters. |
| 7. A) When I get up and move, it helps me to think better. | 7. B) When I get up and move, it doesn't help me to think better. |
| 8. A) It's hard for me to remember the directions that someone tells me. | 8. B) It's easy for me to remember the directions that someone tells me. |
| 9. A) Dialing a phone number helps me to remember it. | 9. B) Dialing a phone number doesn't help me to remember it. |

by Marie Carbo, Ed. D.

- 10. A) I almost never lose my place on the page when I'm reading.
- 11. A) It's easy for me to remember rules about sounding out words.
- 12. A) I like to do things like building something, walking or exercising.

- 10. B) I usually lose my place on the page when I'm reading.
- 11. B) It's hard for me to remember rules about sounding out words.
- 12. B) I don't like to do things like building something, walking or exercising.

Grading: Looking back at the items you circled on the previous page, circle the same ones below.

AUDITORY STRENGTHS

VISUAL STRENGTHS

**TACTUAL/KINESTHETIC
PREFERENCES**

1A
4B
8B
11A

2B
5A
6B
10A

3A
7A
9A
12A

A strength is defined as one in which you circled three or four of the options. (Those with auditory strengths will enjoy the lecture format. Those with visual strengths will benefit from adding overheads or PowerPoint to the presentation. Those with tactile/kinesthetic strengths will need to have some physical activity interspersed. Those with strengths in all areas will learn regardless of format.)